

# REAL FOOD

**Rilevo** Educazione alimentare

# EAT WELL





### Ore Senza Fame SESAME WITH HAZELNUTS

## Rilevo only uses natural ingredients

#### **REAL FOOD**

Real food does not need any salt, sugar, syrup or artificial flavours to be tasty. The natural ingredients in this bar give it a unique flavour while providing nourishment and satisfying you hunger without filling you up

#### **INGREDIENTS**

Sesame seeds (68%), Italian honey, rice malt, hazelnuts (7%).

#### **DOESN'T CONTAIN**

Contains no additives, preservatives, hydrogenated fats, artificial sweeteners or colouring

#### RECOMMENDATIONS

This bar is recommended for breakfast, as a snack between meals, before or after a sporting activity and as a meal replacement. Suitable for all ages.

#### Retail price € 2.40

#### All the nutrition you need in one bar. On sale at pharmacies

NUTRITION FACTS	for 100 g	for 25g	
Energy	515 kcal	129 kcal	
	2162 kJ	540 kJ	
Fats	37 g	9,25 g	
of which: saturated fatty acids	5 g	1,25 g	
Carbohydrates	28 g	7 g	
of which sugar	21 g	5,25 g	
Dietary fiber	12 g	3 g	
Proteins	13 g	3,25 g	
Salt	0,68 g	0,017 g	
Phosphorus	545 mg	136,25 mg	20% NRV
Magnesium	249 mg	62,25 mg	17% NRV
Copper	1,1 mg	0,275 mg	27% NRV
Zinc	7 mg	1,75 mg	18% NRV

NRV = Nutrient Reference Values





2 Ore Senza Fame has been chosen by the San Donato Hospital Group Foundation (Milan) to be included in the project "Feed your health". The initiative aims to promote the consumption of natural and health foods.

*Expo 2015* served as the perfect venue from which to showcase this important achievement

