

3 Ore Senza Fame



**ENJOY A TREAT
WHILE STAYING IN SHAPE**



MAGNESIUM

IRON

FIBER

OMEGA-3

The natural bar with seeds, cereals and dark chocolate

MADE IN ITALY



Rilevo

EDUCAZIONE ALIMENTARE

MORE THAN JUST A SNACK



3 Ore Senza Fame

Food made from natural ingredients

IT'S NOURISHING

The natural ingredients in this bar will nourish you and satisfy your hunger without filling you up. The fibre content also stimulates your bacterial flora to regulate your intestinal functions.

INGREDIENTS

Seeds (22%) (linseeds, pumpkin seeds, sunflower seeds), puffed cereals (13%) (spelt, millet, amaranth, Khorasan wheat), Italian honey, almonds, oat flakes, walnuts, puffed quinoa. 30% coated in extra dark chocolate (min. cocoa solids 55.1%) (cocoa paste, sugar, cocoa butter, emulsifier: soy lecithin, natural vanilla flavouring).

DOESN'T CONTAIN

Contains no additives, preservatives, hydrogenated fats, artificial sweeteners or colouring.

RECOMMENDATIONS

This bar is recommended for breakfast, as a snack between meals, before or after a sporting activity and as a meal replacement. Suitable for all ages.

Retail price € 2.40

3 Ore Senza Fame



925926014

MADE IN ITALY

ANY DAY ANY TIME

**All the nutrition you need in one bar.
On sale at pharmacies**

NUTRITION FACTS	for 100g	for 30g	
Energy	485 kcal	145,5 kcal	
	2029,24 kJ	608,77 kJ	
Fats	28,33 g	8,50 g	
of which: saturated fatty acids	13,23 g	3,97 g	
of which: unsaturated fatty acids	15,10 g	4,53 g	
of which: Omega-3	1,03 g	0,31 g	
of which: Omega-6	4,34 g	1,30 g	
Carbohydrates	43,51 g	13,05 g	
of which sugar	32,20 g	9,66 g	
Dietary fiber	11,11 g	3,33 g	
Proteins	11,80 g	3,54 g	
Salt	0,027 g	0,008 g	
Magnesium	188 mg	56,40 mg	15% NRV
Iron	7,05 mg	2,11 mg	15% NRV

NRV = Nutrient Reference Values

www.rilevo.com